

Lactation Education Programs

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At UC San Diego Extension you get...

- *ILCA-accredited programming*
- *Access to high caliber instructors and trainers*
- *Online or On-site training*
- *Nationally recognized university program*

These accredited **UC San Diego Extension** lactation programs offer students the **highest caliber education from a nationally recognized university with expert instructors**. UC San Diego supports the International Board of Lactation Consultant Examiners (IBLCE) as the “Certifying” body for lactation consultants. The UC San Diego Extension Lactation Consultant program is **International Lactation Consultant Association (ILCA) approved**.

Current Course Offerings

Lactation Educator Counselor or Lactation Specialist training entirely online!

• **Quality Instruction** • **Flexible Format** • **24/7 Access to Online Courses**

Log on and learn from home, work or any place that is convenient for you. Our online courses deliver the same high-quality content and expert instruction as classroom courses.

Baby Friendly Hospital Initiative (Breastfeeding Training) *Now Online!*

Meet the academic training requirement of Step 2 of BFHI for staff by getting cutting edge information and practical techniques and tools for bedside staff to assist moms and babies with breastfeeding. Offered onsite or online.

[Click here for full course schedule](#)

Lactation Educator / Counselor *Now Online!*

Comprehensive, 45-hour course designed for healthcare professionals working with pregnant and lactating women and their families. This cutting-edge training program discusses and utilizes the most recent technology and breastfeeding theories.

[Click here for full course schedule](#)

Lactation Consultant

This AARC* approved program expands the clinical knowledge of breastfeeding professionals that work with the mother by management of clinical problems. All students are eligible and expected to sit for the IBLCE exam at the end of the course (individual requirements vary).

[Click here for full course schedule](#)

extension.ucsd.edu/lactation • www.breastfeeding-education.com

*The Accreditation and Approval Review Committee (AARC) on Education in Human Lactation and Breastfeeding, is jointly sponsored by ILCA and IBLCE and is the formal accreditation and approval body for education in the lactation consultant profession.