

# FAQs

## LC Education Only Pathway 1

**Q: What are the UC San Diego application requirements of pathway 1?**

A: Pathway 1 candidates: The UC San Diego lactation program for pathway 1 is 120 hours of didactic education which meets the IBLCE lactation course requirement for the IBLCE exam. The UC San Diego lactation program recommends but does not require that all pathway 1 applicants have met the clinical and professional educational pre-requisite requirements of the IBLCE before taking the pathway 1 education. These requirements can be reviewed at IBLCE.org. All pathway 1 candidates will sign a memorandum of understanding stating that the candidate is responsible for meeting the clinical and professional educational requirements of the IBLCE.

**Q: What is the application deadline for the UCSD Pathway 1 course and when is the IBLCE test date?**

A: Pathway 1: Offered every quarter (Fall, Winter, Spring, Summer).

UC San Diego pathway 1 education course is 2 quarters in length (~6 months).

UCSD Pathway 1 Course and IBLCE Exam Application and test date:

Fall/Winter Quarter: IBLCE application due May and IBLCE test date is October

Winter/Spring Quarter: IBLCE application due May and IBLCE test date is October

(Due to IBLCE test application date this section is 18 weeks of academia and 22 weeks of course access)

Spring/Summer Quarter: IBLCE application due November and IBLCE test date is April

Summer/Fall Quarter: IBLCE application due November and IBLCE test date is April

(Due to IBLCE test application date this section is 18 weeks of academia and 22 weeks of course access)

**Q: What are the IBLCE exam dates and IBLCE test application dates?**

A: April IBLCE exam ... Application due previous November

October IBLCE exam ... Application due previous May

**Q: Who is eligible to apply to the UC San Diego Pathway 1 program?**

A: Pathway 1 Candidates: Completion of requirement 1 and 2 (below), General Education and Clinical hours is recommended, but not required BEFORE the start of the UC San Diego Extension Lactation Pathway 1 program:

**1. General Education Requirement:** Licensed, Registered or Recognized Health Professional OR has the 8 college courses and 6 CEU Courses as described at IBLCE.org. For the IBLCE Exam application you will be required to identify your health profession, and you may be required to submit a copy of your license, registration, diploma or transcript.

Health professionals include: physicians, nurses, midwives, dietitians, occupational, physical and speech therapists, physician assistants, dentists, pharmacists and chiropractors. If your profession is not on this list, please see IBLCE.org for more information about whether or not your professional training will satisfy the General Education requirements.

When applying for the course, candidates must demonstrate completion of these courses by submitting documentation of completion from accredited colleges or universities.

**2. Clinical Hours Requirement:** Currently, working in a paid or volunteer job in which you provide care to breastfeeding families or if you have worked in this type of job during the past 5 years AND can document a minimum of 1000 hours working directly with moms and babies and breastfeeding. Documentation must be verifiable by a supervisor. For more information about how to calculate the clinical practice hours required by Pathway 1, please see IBLCE.org.

## **LC Education Only Pathway 2**

**Q: What are the UC San Diego application requirements of pathway 2?**

A: Pathway 2 candidates: The UC San Diego lactation program for pathway 2 meets the IBLCE 90 hours of didactic education requirement for the IBLCE exam. The UC San Diego course is 120+ hours in length. The UC San Diego lactation requires that all pathway 2 applicants have met the professional educational pre-requisite requirements of the IBLCE before taking the UC San Diego pathway 2 education program. These requirements can be reviewed below or at IBLCE.org.

**Q: When will the pathway 2 course be completed?**

A: The UC San Diego program works closely with the IBLCE. For the UC San Diego pathway 2 candidates, all of the homework and clinical will be due by May 1, of each year. This deadline will allow ample time to apply for the IBLCE exam for October of that year. The candidate will be able to continue to review information from the course until mid-June and the course will have a “mock” test review annually in June.

**Q: In regards to Lactation Consultant program pathway 2 program for fall : will all the course requirements be met by May?**

A: In the past, the IBLCE allowed for a Moratorium of Understanding to be completed stating that exam requirements would be met by the time the exam was taken. As noted at IBLCE.org, the IBLCE no longer allows for a MOU and all requirements to sit for the October exam must be completed by the May deadline. The UCSD Pathway 2 lactation consultant training program will be complete by May 1st with access to the course thru mid-June.

**Q: What is the application deadline for the UCSD Pathway 2 course and when is the IBLCE Test date?**

A: Pathway 2: UC San Diego Pathway 2 application for the program is open from Jan 1 to June 15, annually. IBLCE test application deadline is May and test date is October, annually. Due to IBLCE test application date this section is 27 weeks of academia, clinical, and 33 weeks of course access with a mock test review in June.

**Q: What are the IBLCE exam dates and IBLCE test application dates?**

A: April IBLCE exam ... Application due previous November  
October IBLCE exam ... Application due previous May

**Q: What are the “pre-requisites” for the UC San Diego Pathway 2 program?**

A: Pathway 2 Candidates: Completion of “General Education Requirement” of the IBCLE is required before the start of the UC San Diego Lactation Consultant Pathway 2 program.

**General Education Requirement:** Candidate must be a Licensed, Registered or Recognized Health Professional. For UC San Diego hybrid lactation program pathway 2 application you will

be required to identify your health profession, and required to submit a copy of your license, registration, diploma or unofficial transcript.

**1. 8 College Subjects** must be from an accredited college or university and at least one academic term in length. Candidates must have received a passing grade in each course of C or better in each of the courses.

Biology

Human Anatomy

Human Physiology

Nutrition

Introduction to Research Psychology or Counseling or Communication Skills

Sociology or Cultural Sensitivity or Cultural Anthropology

Infant and Child Growth and Development

**2. 6 Continuing Education Subjects** available at UC San Diego Extension ONLINE

Ethics for Healthcare Professionals (3 hours) BUSA-80010 (\$75)

Fundamentals of Infection Prevention (12 hours) FPM-40577 (\$129)

Lactation Medical Documentation (2 hours) RMED-80000 (\$45)

Medical Clinical Terminology (20 hours) FPM-40172 (\$195)

Occupational Safety & Security (10 hours) FPM-40554 (\$195)

Basic Life Support CPR for Medical Personnel Must be current

If you are not a licensed, registered, or recognized health professional you will be required to submit proof of completion of the 8 academic college courses and 6 CEU courses as described by the IBLCE.org. These courses must be from an accredited college or university.

Health professionals include: physicians, nurses, midwives, dietitians, occupational, physical and speech therapists, physician assistants, dentists, pharmacists and chiropractors. If your profession is not on this list, please see IBLCE.org for more information about whether or not your professional training will satisfy the General Education requirements.

**Completion of a 45-hour lactation education training program** (preferably UC San Diego Extension's program), within the past 5 years. The course is CLEC – Lactation Educator Counselor RMED-40006. The CLEC – Lactation Educator Counselor course is offered online each quarter or in a classroom setting at various locations that are listed at <http://breastfeeding-education.com/home/clec-2>.

**Q: What if my CLEC or equivalent is older than 5 years?**

A: Required course is UC San Diego online 10-hour refresher course. This course will update the educational points of the CLEC – Lactation Educator Counselor course. Course Number: RMED-40026, Credit: 1 unit (\$125).

**Q: What is the estimated time commitment for the Hybrid Lactation Pathway 2 program?**

A:

**Clinical:** Intern required to do about 12-14 hours per week of clinical  
Starts late September or early October and ends April 30 – Need 300 hours  
(Accounting for sick days for intern and/or master IBCLC and holidays)

**Weekly Time Commitment:**

Video Viewing: Approximately 7-8 hours per week

Homework: Approximately 5-6 hours per week

Outside Meetings: 3 meetings one time each in fall part of the course

Long Term Cases (2): 1-2 hours per week starting in January

Intern can and should work ahead on hours and homework. Intern is subject to removal from program if they get behind in requirements. If unable to complete the course in timely manner, Intern may roll over to next program (Fee and requirements available on request).