The supplies listed below is a guideline or recommendation. If you are already using a certain brand of paint, brushes or canvas (surface) please don't feel obligated to change for this workshop. I'm happy if you are comfortable with the supplies you are already using.

Try to organize your gear so that you can carry it all in one backpack or wheel cart. We will not be doing long hikes but sometimes you may walk up to 100 yards or more from where your car is parked. With that in mind pack light and pack only what is necessary.

**Easel with palette:** Any easel geared for the outdoors. Open Box M, Guerilla, Strada, Daytripper, Julian and Soltek are a few brands. Julian is the most economical and very reliable. If you are going to buy a new easel familiarize yourself with it by assembling it and breaking a few times before you go out in the field. You will need a camera tripod for all the aforementioned except the Julian and Soltek easels.

**You will need:** sunscreen, hat, water, trash bag, Gamsol odorless turpentine, turps can, paper towels, palette knife, paint scraper/blade (to clean the palette)

**Optional (but I prefer to use):** latex or nitrile gloves, bug repellent, umbrella, small sketch book, charcoal pencil 6B, view finder, digital camera (cell phone works), wet panel carrier, wet wipes (to clean your hands)

**Paints:** if you are on a budget student grade paint is okay to use. Though they lack in pigment strength at least you are painting rather than not painting. And of course they are more affordable. Some student grade brands include Winsor & Newton Winton and Dick Blick. For stronger pigment strength use professional artist oil colors like Winsor & Newton, Gamblin, Utrecht, Rembrandt, M. Graham, Gamblin,
Vasari, etc. My feeling is buy the best paint you can afford.

**Palette Options:** again, these are only suggestions, if you are already using a specific palette you are comfortable with that's fine.
1. Limited Palette - Titanium White, and Ivory Black OR Burnt Umber.
2. Zorn Palette - Titanium white, Ivory Black, Cad Red light OR Cad Red medium and Yellow Ochre.
3. Full Palette - Titanium White, Cad Yellow Light, Cad Red Medium, Ultramarine Blue, Cobalt Blue, Cad Yellow Medium, Alizarin Crimson and Ivory Black

**Brushes:** I recommend flat or bright hog bristle brushes, Robert Simmons makes a nice durable brush. Sizes 4 to 8 are recommended and maybe one at size 10. You may also get filberts if you like those (just remember that flats eventually turn into filberts). A few rounds (bristle or synthetic, small to medium size). One liner (or rigger) used for details and fine lines (this is optional).

**Panels or Canvas:** linen panels, gessoed panels or stretched canvas. If you are using stretched canvas please cover the backs to prevent light from coming through. An assortment of sizes from 6x8 to 12x16 is fine. A couple of popular brands include Raymar, Fredrix and Centurion (oil primed linen panel).

**Nocturne Painting:** I get eye strain easily so the first time I painted a nocturne I knew that the two book clip lights I purchased at Barnes & Nobel would not work for me. With that said, it might be the way to go if you are trying it for the first time, or if you don't easily get eye strain like I do. I use a LED Light from Edge Pro Gear. You can see it at this link: [http://www.edgeprogear.com/paintbookstore/led-light](http://www.edgeprogear.com/paintbookstore/led-light)
All the info is there. The light is specifically designed for their Paintbook, and it plugs into the top of the Paintbook itself. Since I don't have or want a Paintbook, I use a Manfrotto articulating arm to secure the light. It's the same articulating are I use for my umbrella. The light might seem pricy at $169 (I bought mine for $150 a year ago) but so far it has been worth it. If you go this route I can supply more info let me
know. Otherwise I would go with a couple of the book lights in combination with a head lamp that can be purchased at REI. I use a headlamp on dim in combination with my LED light and that works for me. I also like to use a folding chair when I do nocturnes. The mood is more relaxed since I'm not chasing light, I can take my own sweet time.

**A few tips:** wear neutral colored clothing as bright colors sometimes reflect and bounce onto the canvas. Wear comfortable shoes. Bring plenty of water. Use the bathroom before leaving your home. Make sure your cell phone is charged before leaving home. Bring a light snack or lunch.

The links below are places you can visit to purchase art supplies. Allow enough time when you place your order so that your supplies will arrive in time for the workshop.

**Art supplies including Julian easels and canvas panels:**
Jerry's Art a Rama: [http://www.jerrysartarama.com/](http://www.jerrysartarama.com/)
Dick Blick: [http://www.dickblick.com/](http://www.dickblick.com/)
Cheap Joe's: [http://www.cheapjoes.com](http://www.cheapjoes.com)
Art Supply Warehouse: [http://aswexpress.com](http://aswexpress.com)

**Easels/boxes:**
Wind River Arts: [http://www.windriverarts.com](http://www.windriverarts.com)
Open Box M: [http://openboxm.com/](http://openboxm.com/)
Strada: [http://www.stradaeasel.com](http://www.stradaeasel.com)

**Canvas panels:**
Raymar: [http://www.raymarart.com](http://www.raymarart.com)
Source Tek: [http://www.canvaspanels.com](http://www.canvaspanels.com)
Or any of the online art supply stores listed above or local stores listed below.

**Local art stores:**
Blick Art Materials in Little Italy  
1844 India St  
San Diego, CA 92101

Artist & Craftsman Supply in Hillcrest  
3804 4th Ave  
San Diego, CA 92103

Please contact me if you have any questions regarding the materials list.

Looking forward to meeting you!

Danny Griego