

Lactation Educator Counselor Training

2019 Schedule

This program prepares health professionals and other interested individuals to become lactation educators. It furnishes the basic information necessary to promote breastfeeding and to interact in the breastfeeding situation by assisting and encouraging the breastfeeding triad of mother, baby, and support person.

Topics include basic anatomy and physiology of lactation, early attachment of the baby, hospital care, and support during the postpartum stage, common concerns and solutions, and appliances and apparatuses used in breastfeeding.

This 45 hour program meets the prerequisite requirement for the LEAARC/CAAHEP Accredited Lactation Consultant training program. At completion of the course students are "Certificated Lactation Educator Counselors" (CLEC).



| Dates | Location | Section | Cost |
|-----------------------------------|-------------------|---------|-------|
| Dec. 5-6-7, 2018 & Jan. 7-8, 2019 | Monterrey, CA | 136111 | \$695 |
| Jan. 7 - Mar. 23, 2019 | Winter ONLINE | 135991 | \$695 |
| Jan. 15-16-17 & Mar. 7-8, 2019 | S. Sacramento, CA | 136036 | \$695 |
| Jan. 22-23-24 & Apr. 3-4, 2019 | Torrance, CA | 136498 | \$695 |
| Feb. 4-5-6 & Mar. 25-26, 2019 | San Jose, CA | 136011 | \$695 |
| Apr. 1 - Jun. 14, 2019 | Spring ONLINE | 136038 | \$695 |
| Mar. 13-14-15 & May 2-3, 2019 | Pasadena, CA | 134047 | \$695 |
| Apr. 16-17-18 & Jun. 12-13, 2019 | Fresno, CA | 135916 | \$695 |
| May 14-15-16 & Jun. 25-26, 2019 | Loma Linda, CA | 136005 | \$695 |
| Jun. 24 - Sep. 7, 2019 | Summer ONLINE | 136197 | \$695 |
| Sep. 10-11-12 & Nov. 5-6, 2019 | S. Sacramento, CA | 136196 | \$695 |
| Sep. 23 - Dec. 14, 2019 | Fall ONLINE | 136194 | \$695 |
| Sep. 24-25-26 & Nov. 18-19, 2019 | Kings County, CA | 136196 | \$695 |

Credit: 4 Continuing Education units in Reproductive Medicine

Board of Registered Nurses: 45 CE hours

Commission on Dietetic Registration: 35 CE hours*

*in-person courses only

TO ENROLL:

Online: extension.ucsd.edu

Call: (858) 534-3400

FOR MORE INFORMATION:

Email: ucsdlactation@ucsd.edu

Call: (858) 246-2312

Need CLEC Refresher Training?

Courses Offered Every Quarter - Online!

10 hour re-certificated training for Lactation Educator Counselors. A periodic update of education essential for best practice and required by several certification agencies like Magnet Hospital Accreditation and The Joint Commission. This course will update the CLEC certificate terms for an additional 5 Years.

| Dates | Location | Cost |
|-----------------------|----------|-------|
| Offered Every Quarter | ONLINE | \$125 |

Credit: 1 CE unit in Reproductive Medicine
Board of Registered Nurses: 10 CE hours



UC San Diego | EXTENSION

extension.ucsd.edu/lactation-programs
breastfeeding-education.com